



Cecil Collins -
Opening the Eye of the Heart

Michael Chaitow

Saturday March 24th, July 7th and 3rd November 2012

10am – 5pm

Cost: £25 per day.

There continues to be a growing interest in the art, painting methods and spirituality of Cecil Collins. Through his dedication to a remarkable vision, he became a leading figurehead and inspiration for a new consciousness. His work continues to personify a fresh quest for vision in our times, when many people are seeking for deeper and more enduring human values in their lives. As a student, Michael studied with him for nearly 10 years as well as being a personal friend for many years.

Cecil Collins talked of `The Eye of the Heart` and his teaching was aimed at opening this faculty within his students – doorways into direct experience through the renewal of consciousness. Through what Cecil Collins called `poised attention`, doorways can be awakened and opened in our interior consciousness which we can link to external phenomena.

Sensitisation studies through touch and studies based on the rhythmic relation between form and sound will be explored as well as occasionally working with eyes closed as well as open. These studies enable our intuitive self to infuse objectivity with real being; in relation to natural forms from nature, the human figure and the imagination.

A list of recommended materials will be sent to participants; there will be some `back up` materials available. We would be interested to hear of any particular interests, or requests that you would like incorporated into these day workshops.

Tea, coffee and biscuits will be provided throughout the day. Please bring your own lunch.

*For more information, booking and directions to venue,
contact Julienne on info@contemplativespirituality.org*

telephone 0208 451 5255

or

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