



*The Spanish Mystics –
Acquiring a taste for wisdom through the
writings of Francisco de Osuna*

Viv Stacey

Saturday 21st April from 10am -3pm

A day of meditative readings to savour the practical and pastoral wisdom in the Third Spiritual Alphabet by the Spanish Franciscan friar, Francisca de Osuna. We will explore different ways of reading Osuna's mystical writings that make explicit the way he speaks and offers wisdom - and also the way we listen and receive wisdom. There will be opportunities for reading selected portions of texts as spiritual exercises to create possibilities for change. We will consider together how Osuna's writings are rich pastoral resources that continue to meet our deepest human concerns in everyday life.

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**Viv Stacey** is a spiritual director with a background of experience and training as a hospital chaplain. She currently works with others to offer courses and retreats introducing resources from the Christian contemplative tradition. She has a particular interest in creative process and poetry in spirituality, and also the role of the body in processes of listening and reflection. She is a member of the pastoral team at St Columba's Retreat House in Surrey and works within the Focusing Institute UK.